

HeartFelt Yoga - Blackfalds

blackfalds

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https://www.thenewworld.ca/yoga-studio/blackfalds/heartfelt-yoga-blackfalds_350984.php*blackfalds**HeartFelt Yoga - Blackfalds***Welcome to HeartFelt Yoga Studio: A Transgender Safe Space in Blackfalds, Alberta**

HeartFelt Yoga Studio is more than just a yoga studio; it is a **transgender safe space** that embraces individuals from all walks of life. Located in the heart of Blackfalds, Alberta, this studio has quickly become a beloved destination for those seeking peace, community, and healing through yoga.

A Commitment to Accessibility

Accessibility is a top priority at HeartFelt Yoga. The studio features

****wheelchair-accessible seating**** and an ****entrance**** that allows everyone to experience yoga without barriers. Their ****wheelchair-accessible car park**** and ample ****free parking lot****, along with ****free of charge street parking**** options, ensure that all students can come and go with ease.

An Inclusive and LGBTQ+ Friendly Environment

HeartFelt Yoga prides itself on being ****LGBTQ+ friendly****. The welcoming atmosphere encourages individuals to express themselves and practice in a supportive setting. As a studio that identifies as ****women-owned****, it creates a nurturing environment that is both empowering and inclusive.

Service Options and Amenities

Planning your visit is simple, as ****appointments are required**** for classes to maintain an intimate and focused space. With small class sizes, participants can receive personalized attention tailored to their needs. The studio offers various ****on-site services**** and amenities, including access to a ****swimming pool**** nearby for those interested in complementary wellness activities.

Community and Connection

Visitors consistently describe HeartFelt Yoga Studio as a place where they feel at home. One attendee noted, "It feels like getting a great big hug when you enter." This strong sense of community fosters trust and respect, allowing individuals to build connections with others who share similar journeys. Sandra, the main instructor, has been praised for her gentle and encouraging teaching style. Her ability to make yoga accessible for "everyBODY" is a hallmark of her approach. She promotes a culture of honoring oneself through modifications and listening to one's body during practice.

Classes That Inspire

The offerings at HeartFelt Yoga range from therapeutic yoga to specialty classes like Yin with drumming. Students appreciate the thoughtful preparation that goes into each class, making them feel peaceful and revitalized. As one student stated, "I leave feeling refreshed and recharged every time."

Your Yoga Home Awaiting

HeartFelt Yoga is not just a studio; it's a transformative space that invites you to explore your mind, body, and spirit. Whether you are a seasoned yogi or a newcomer, this studio offers a sanctuary for growth and healing. Join the vibrant community of like-minded individuals and make HeartFelt Yoga your second home.

We are situated in

#203, 5025 Parkwood Rd, T0M 0J0 Blackfalds, Alberta - Canada (CA)

The phone number of the mentioned **Yoga studio** is +1403-885-9849
And if you want to send a WhatsApp, you can do so at +1403-885-9849

You can visit us at the following hours:

Day	Hours
Monday	5–8:30?PM
Tuesday	5:30–9?PM
Wednesday	9?AM–1?PM
Thursday	Closed
Friday	10?AM–12?PM
Saturday	7–9?PM
Sunday	5–8:30?PM

The website is HeartFelt Yoga

In case you want to modify any data that you believe is not correct related to this site, we ask send us a message so we can we will adjust it as soon as possible. With anticipation we appreciate it.

Images



Heartfelt yoga yoga studio



Heartfelt yoga map



Heartfelt yoga by owner



Heartfelt yoga blackfalds



Heartfelt yoga all

Tags

On-site services, Crowd, Toilet, Planning, LGBTQ+ friendly, Swimming pool, Free parking lot, Free of charge street parking, Service options, Accessibility, Identifies as women-owned, Wheelchair-accessible car park, Parking, Amenities, Transgender safe space, From the business, Wheelchair-accessible entrance, Wheelchair-accessible seating, Appointment required

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hairstylist
hardware store
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health counselor
health insurance agency
hearing aid store
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heating equipment supplier
heating oil supplier
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higher education
holistic medicine practitioner
home builder
home goods store
home health care service
home improvement store
home inspector
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hydraulic equipment supplier
hypnotherapy service
image consultant
immigration & naturalization service
immigration attorney
income tax help association
industrial consultant
industrial engineer
industrial equipment supplier
industrial real estate agency
information services

insolvency service
insulation contractor
insurance agency
insurance attorney
insurance broker
insurance company
internet marketing service
internet service provider
investment service
it consulting
italian restaurant
jeweler
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moving and storage service
municipal administration office
municipal department of tourism
museum
music management and promotion
music school
native american goods store
naturopathic practitioner
nissan dealer
non-governmental organization
non-profit organization
notaries association

notary public
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nutritionist
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occupational safety and health
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office supply store
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outdoor clothing and equipment shop
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paralegal services provider
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