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Union 108 - Arnprior

arnprior



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Union 108 - Arnprior

Welcome to Union 108: Your Inclusive Yoga Studio in Arnprior, Ontario

Union 108 is a yoga studio located in the heart of Arnprior, Ontario, dedicated to providing a welcoming and inclusive environment for all individuals, including the LGBTQ+ community. With its **LGBTQ+ friendly** atmosphere, Union 108 aims to be a **transgender safe space**, ensuring that everyone feels comfortable and accepted during their practice.

Exceptional Amenities and Services

The studio offers a variety of **on-site services** designed to enhance your

yoga experience. Here are some key highlights: - **Wheelchair-accessible entrance** and **car park** ensure that everyone can access the studio with ease. - **Toilet facilities** are available for all guests. - **Assistive hearing loops** are provided to accommodate those with hearing difficulties. - **Free parking lot** and **free of charge street parking** make it convenient to visit anytime.

Variety of Classes for Everyone

Union 108 offers an extensive range of classes suitable for various skill levels, from beginners to advanced practitioners. Whether you're interested in yoga, Pilates, or dance fitness, there's something for everyone. - **Good for kids**: The studio encourages participation from children, making it a fun and engaging space for families. - **Outdoor services** allow for open-air classes that connect you with nature while you practice. - **Online classes** are available, especially beneficial during inclement weather, as one member recently shared her appreciation for the **online Unite yoga class** offered due to snowy conditions.

A Supportive Community

From the moment you step into Union 108, you'll feel embraced by a warm community. Members consistently highlight the **inclusive and welcoming** atmosphere. One participant remarked, "Everyone at the studio has made me feel so welcome," which speaks volumes about the community spirit fostered here.

Women-Owned and Operated

Union 108 proudly identifies as **women-owned**, led by CEO Ro and her exceptional team. This diverse leadership reflects the studio's commitment to creating a safe and supportive environment for everyone.

Planning Your Visit

To join a class, please note that an **appointment is required**. Check the studio's schedule to find the perfect time that fits your commitments. Whether attending **early morning** classes or evening sessions, you will be met with friendly instructors who guide you through each pose and flow with personalized attention.

Join Us at Union 108

If you're looking for a yoga studio that prioritizes **accessibility**, **community**, and personal growth, look no further than Union 108. As many members have expressed, this space feels like home, offering **life-changing experiences** both physically and emotionally. Take the first step towards a healthier lifestyle by joining Union 108 today — you won't regret it!

You will find us at

108 John St N, K7S 2N6 Arnprior, Ontario - Canada (CA)

The phone number of said **Yoga studio** is <u>+1613-622-0015</u> And if you want to send a WhatsApp, you can do so at<u>+1613-622-0015</u>

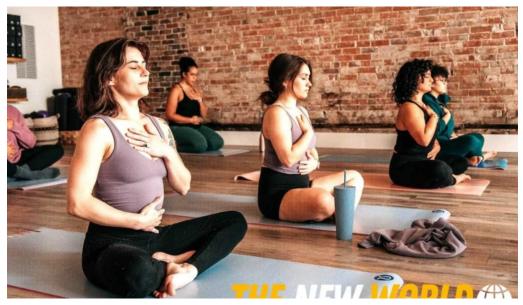
Visit us during the following hours:

Day Hours Monday 8?AM-1?PM Tuesday 4:30-8?PM Wednesday 6?AM-8?PM Thursday 6?AM-8?PM Eriday 6?AM-8?PM Saturday 9-11?AM Sunday 8?AM-1?PM

The website is Union 108

If you need to modify any information that you consider is not precise regarding this site, please send a message so we can we will adjust it at the earliest convenience. Thank you in advance thanks for your cooperation.

Images



Union 108 yoga



Union 108 yoga studio



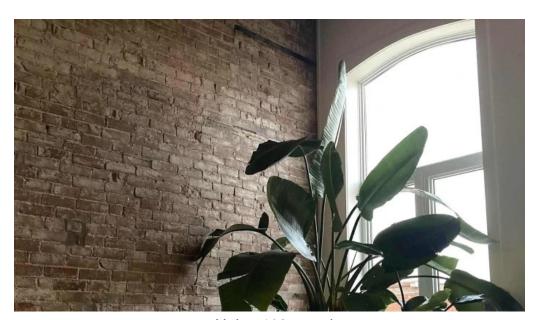
Union 108 street view 360deg



Union 108 map



Union 108 by owner



Union 108 arnprior



Union 108 all

Tags

Free of charge street parking, LGBTQ+ friendly, Membership required, From the business, Good for kids, Wheelchair-accessible entrance, Amenities, On-site services, Identifies as women-owned, Toilet, Planning, Wheelchair-accessible car park, Free parking lot, Parking, Assistive hearing loop, Children, Accessibility, Online classes, Appointment required, Transgender safe space, Outdoor services, Service options, Crowd

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real estate surveyor
recruiter
recycling center
regional council
restaurant
retirement community
retirement home
sandblasting service
sandwich shop
saw mill
school
screen printing shop
screen repair service
screen store
security guard service
security service
self-storage facility
senior citizen center
services
sewage treatment plant
sewing machine store
shipping and mailing service
shopping mall
siding contractor

sightseeing tour agency
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social services organization
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soil testing service
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storage facility
store
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tutoring service
university
university library
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