

**Nutritionniste Diététiste | St-Hilaire - Beloeil | ÉquipeNutrition - Mont-Saint-Hilaire**

mont-saint-hilaire

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*mont-saint-hilaire****Nutritionniste Diététiste | St-Hilaire - Beloeil |  
ÉquipeNutrition - Mont-Saint-Hilaire*****Discover Your Path to Better Health with Nutritionist Stéphanie Nadeau-Grondin**

Are you seeking personalized support for your nutritional needs? Look no further than **\*\*Stéphanie Nadeau-Grondin\*\***, a dedicated nutritionist located in Mont-Saint-Hilaire, Quebec. With a compassionate approach and extensive expertise, Stéphanie has earned the trust of many clients over the past three

years.

## **Why Choose Stéphanie?**

Stéphanie's clients consistently praise her attentive and non-judgmental demeanor. Feedback highlights her ability to listen deeply to individual needs, creating a comfortable environment that encourages open dialogue. One satisfied client noted, "Stéphanie is very attentive... her advice is excellent, she knows exactly what she is talking about." This commitment to understanding unique dietary concerns ensures a tailored experience for each individual.

## **Accessibility and Amenities**

The **Nutritionist Stéphanie Nadeau-Grondin** offers several amenities for added comfort during your visits. The office features: - **Wheelchair-accessible car park**: Ensuring easy access for all clients. - **Free parking lot**: No need to worry about parking fees during your appointments. - **Planning for accessibility**: Every detail is considered to provide a seamless experience. - **Restroom facilities**: Convenient **toilet** access within the premises.

## **Appointments Recommended**

To make the most out of your journey toward better health, it is advisable to book your **appointments in advance**. As many clients express satisfaction with their sessions, availability tends to fill up quickly. One client mentioned, "I had an excellent experience with Stéphanie. She is professional, attentive, and her advice was tailored to my needs."

## **Holistic Approach to Nutrition**

Stéphanie emphasizes a holistic approach to nutrition that goes beyond just food choices. Her sessions often explore behaviors surrounding eating, helping clients establish a healthier relationship with food. A grateful client remarked, "Her approach, focused on a good relationship with food, allowed me to review my way of thinking about my diet." Clients appreciate her capacity to provide practical tools and resources, aiding them in achieving their personal goals. There is a consensus that her recommendations are not only effective but also incorporate enjoyable, sustainable practices.

## **Client Testimonials**

Testimonials from clients highlight the profound impact of Stéphanie's guidance: - "Thanks to Stéphanie for her professionalism, dedication and kindness! I really enjoyed my follow-up with her!" - "I loved my meetings with Stéphanie! She is very dynamic and professional." - "Her way of demystifying food is very interesting. She listens and doesn't reprimand." Stéphanie's clients repeatedly express gratitude for her continued support and encouragement, emphasizing her role in successfully transforming their eating habits.

## **Start Your Journey Today!**

If you are ready to improve your nutritional habits and overall well-being, consider reaching out to **\*\*Stéphanie Nadeau-Grondin\*\*** at ÉquipeNutrition in Mont-Saint-Hilaire. With her professional expertise and a dedicated approach to individualized care, you can achieve your health goals with confidence. Don't hesitate—book your **\*\*appointment\*\*** today and take the first step towards a healthier you!

### **We are at**

436 Boulevard Sir Wilfrid Laurier bureau 102, J3H 3N9 Mont-Saint-Hilaire, Quebec - Canada (CA)

The contact line of the respective **Nutritionist** is +1450-231-0833  
And if you want to send a WhatsApp, you can do so at +1450-231-0833

### **We are available at these times:**

Day	Hours
Monday	8:30?AM–7?PM
Tuesday	8:30?AM–7?PM
Wednesday	8:30?AM–7?PM
Thursday	8:30?AM–5?PM
Friday	Closed
Saturday	Closed
Sunday	8:30?AM–7?PM

The website is Nutritionniste Diététiste | St-Hilaire - Beloeil | ÉquipeNutrition

If you wish to alter any detail that you consider is not accurate concerning this web, we ask forward a message so that we will handle it promptly. With anticipation thanks.

## **Images**

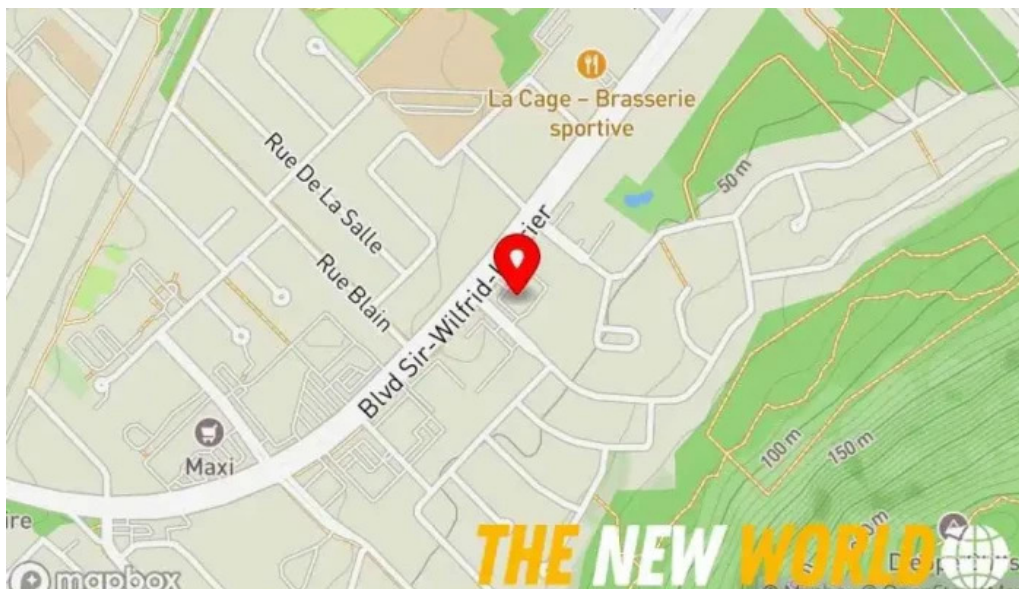


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## Tags

*Appointments recommended, Accessibility, Parking, Amenities, Free parking lot, Wheelchair-accessible car park, Planning, Toilet*

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call center
campground
candy store
cannabis store
canoe & kayak rental service
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car rental agency
car repair and maintenance service
car wash
career guidance service
caterer
cell phone store
cemetery
ceramic manufacturer
certified public accountant
chamber of commerce
charity



chartered accountant
chicken restaurant
chiropractor
chocolate shop
city government office
city or town hall
civil engineering company
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cleaning products supplier
clothing store
coaching center
coffee shop
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commercial real estate agency
community center
community health centre
company registry
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computer consultant
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computer security service
computer service
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food broker
food processing company
food products supplier
forensic consultant
forestry service
foundation
freight forwarding service
furniture repair shop
furniture store
garden center
gas company
gas station
general contractor
general hospital
general practice attorney
geological service
geotechnical engineer
gift shop
glass industry
glass repair service
glazier
government
government economic program
government office
graphic designer
greenhouse
grocery store
gym
hair salon
hardware store

health and beauty shop
health consultant
health counselor
health insurance agency
hearing aid store
heating contractor
heating equipment supplier
heating oil supplier
helicopter tour agency
high school
higher education
holistic medicine practitioner
home goods store
home health care service
home improvement store
home inspector
hospital
hostel
hotel
house cleaning service
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housing complex
housing development
human resource consulting
hunting and fishing store
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it consulting
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jeweler
jewelry designer
jewelry store
kinesiologist
laboratory
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land surveying office
land surveyor
landscaper
laundromat
laundry
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oilfield

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orchard
organic farm
osteopath
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outdoor clothing and equipment shop
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paving contractor
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personal injury attorney
personal trainer
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pet groomer
pet store
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pharmacy
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photographer
photography service
physical fitness program
physical therapist
physical therapy clinic
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plumber
portrait studio
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powersports vehicle dealer
print shop
private tutor
process server
professional services
promotional products supplier
property management company
psychologist
psychotherapist
public defender's office
public health department

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water treatment plant
water treatment supplier
water works

water works equipment supplier
web hosting company
website designer
welder
well drilling contractor
western apparel store
wheel alignment service
wheel store
wi-fi spot
window cleaning service
window supplier
winery
women's shelter
wood stove shop
yacht broker
yoga studio
youth center