

Wellness Works Canada - Beaumont

beaumont

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*beaumont****Wellness Works Canada - Beaumont*****Wellness Works Canada: Pioneering Workplace Well-being in Beaumont, Alberta**

Identifies as women-owned, Wellness Works Canada stands out as a remarkable Non-governmental organization dedicated to enhancing workplace well-being. Located in Beaumont, Alberta, this organization is not only the first of its kind to tackle workplace wellness issues but is also deeply committed to providing practical solutions for individuals and organizations alike.

Empowering Through Education

During the COVID pandemic, many organizations faced unprecedented challenges. Recognizing the need for adaptability, Wellness Works Canada offered a webinar titled 'Improving Well-being through Productivity.' Attendees reported that the course, taught by instructor Victoria Grainger, was both informative and engaging. Participants appreciated the blend of slides, polls, and breakout discussion groups which made the learning experience interactive and applicable to real-world situations.

Real Tools for Real Challenges

One key takeaway from the course was the vital link between well-being and productivity. As businesses transitioned to remote work, the tools and tips provided by Victoria helped attendees navigate their new realities. The feedback highlighted Victoria's ability to keep participants engaged while delivering essential strategies to enhance mental and physical well-being.

Building Resilience in Times of Change

Feedback from previous sessions on resilience further solidified Wellness Works Canada's reputation as a go-to resource for stress management. Participants felt equipped with practical tips for both short-term relief and long-term strategies to cope with the changes brought about by the pandemic. This focus on resilience has become crucial for teams navigating their evolving work environments.

A Community Committed to Wellness

The unique offerings of Wellness Works Canada go beyond individual courses. Members benefit from private access to industry experts through webinars and workshops. This exclusive access enables members to ask personal questions and gain insights from professionals they might otherwise never encounter. Such opportunities are invaluable for fostering a community dedicated to improving workplace wellness.

Comprehensive Resources for Members

Wellness Works Canada provides a plethora of resources available on its website. Members have praised the organization for its comprehensive approach to workplace well-being, including certification programs like the Ambassador level, which assess knowledge and provide necessary resources. The timely delivery of these products further affirms the organization's commitment to its members.

Conclusion

In conclusion, Wellness Works Canada is a leading Non-governmental organization recognized for its impactful work in promoting workplace well-being in Beaumont, Alberta. With its strong emphasis on education, resilience, and

community support, it continues to empower individuals and organizations to thrive in challenging times. Engaging with Victoria Grainger and her team is highly recommended for anyone looking to enhance workplace wellness and foster a supportive environment.

We are at

4914 50 Ave, T4X 1K8 Beaumont, Alberta - Canada (CA)

The phone number of the mentioned **Non-governmental organization** is +1780-945-6134
And if you want to send a WhatsApp, you can do so at +1780-945-6134

We are open during the following hours:

Day	Hours
Monday	7?AM–3?PM
Tuesday	Closed
Wednesday	Closed
Thursday	7?AM–3?PM
Friday	7?AM–3?PM
Saturday	7?AM–3?PM
Sunday	7?AM–3?PM

The website is Wellness Works Canada

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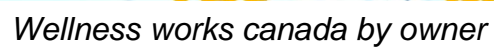
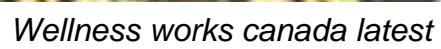
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